

TRUCKING TIDBITS

JANUARY 31ST, 2012

MITCHELL BROS.

TRUCK LINE, INC.

Volume 137

CUSTOMERS AND DRIVERS ARE NUMBER 1

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Keith Petrie

Keith Petrie has been selected the Driver of the Year for Mitchell Bros.

Keith is one of our company drivers in our container fleet who operates unit #1005. In addition, Keith happens to be one of our driver trainers who works with new drivers assigned to our container fleet. Keith has worked for Mitchell Bros. for the past 9 years.

Keith was a big winner at our end-of-the year holiday dinner. In addition to the Driver of the Year award, Keith was also the recipient of a safe driving award.

As our Driver of the Year, Mitchell Bros. presented Mr. Petrie with air fare for two along with 1 week free accommodations to beautiful Maui, Hawaii.



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GLENN HESTER

MARK JUAYANG

SCOTT DYER

The above have been selected as the Mitchell Bros. drivers' of the quarter.

Glenn Hester is an Owner Operator on the I-5 Container Fleet. Glenn has been with Mitchell Bros. since March 5th, 2007.

Scott Dyer is a Company Driver in the Tacoma Container Fleet. Scott has been with Mitchell Bros. since September 9th, 2008.

Mark Juayang is a Company Driver in the I-5 Container Fleet. Mark has been with Mitchell Bros. since July 31st, 2007.

Some of the qualifications of these drivers are no accidents or freight claims, all their logs or time sheets, as well as paperwork are in good order and turned in timely. They have not had any poor roadside inspections nor have they received any citations.

Some of the comments made by various people are that they do a great job, have excellent personalities and are very helpful. They are very safety conscious, great to work with, very cooperative and always on time.

As the recipient of the drivers of the quarter, you could become our next driver of the year.

KEEP UP THE GOOD WORK!

GREAT JOB!

Come by the office and pick up a special Mitchell Bros gift.

HOLIDAY DINNER AWARDS

Mitchell Bros. had its traditional end-of-the year holiday dinner this past December 2011. The dinner was held at the Elk's Lodge in Vancouver, WA. A very special thanks to **Gordon Cohoon** for making the whole event possible.

YEARS OF SERVICE RECOGNITION

OFFICE

John Sullivan	5 years
Don Teague	10 years
Michelle Turner	15 years

SHOP

Tim Desparios	10 years
Dusty Burgess	15 years

DRIVERS

Greg Alden	5 years
Clint Anderson	5 years
Bruce Cushman	5 years
Keith Gibson	5 years
Don Jones	5 years
Scott Klobas	5 years
AJ Martin	5 years
Steve Pope	5 years
Michael Schultz	5 years
Randy Jones	10 years
Richard Lawrence	10 years
Roy Rios	10 years
Richard Wilker	10 years
Melvin Niemi	15 years

THANKS FOR YOUR YEARS OF DEDICATED SERVICE.

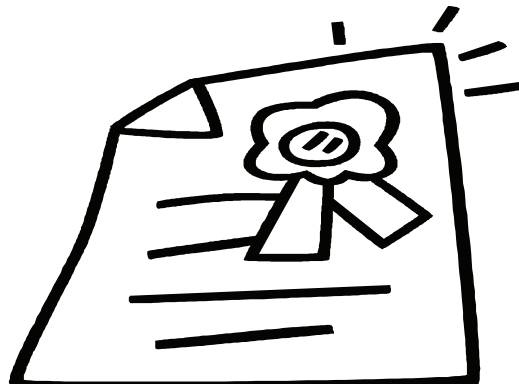
SAFETY ACHIEVEMENT AWARDS

The following drivers received a certificate and safety bonus payment. These drivers have zero points on Mitchell Bros. driver rating plan. Zero points means no preventable accidents, freight claims, moving violations or out-of-service violations.

Clint Anderson	3 years
Luis Castanon	3 years
Scott Dyer	3 years
Don Emery	3 years
Don Jones	3 years
Chad Rew	3 years
Michael Schultz	3 years

Brian Heup	6 years
Lou Brown	7 years
John Marine	7 years
Don Garrett	8 years

Doug Cupps	4 years
Greg Doty	4 years
Glenn Hester	4 years
Randy Jones	4 years
Mark Juayang	4 years
Scott Klobas	4 years
AJ Martin	4 years
Keith Petrie	4 years



WELCOME NEW DRIVERS !

TIMOTHY BOYCE Tim lives in Vancouver, WA. He comes to Mitchell Bros. from TSI—JJ Williams.	HIRED 11/07/2011	LOCAL FLATBED DIV
GREGORY A. STURM SR. Greg lives in Vancouver, WA. He comes back to Mitchell Bros. from River City Environmental. Welcome Back!	REHIRED 12/05/2011	LOCAL CONTAINER DIV
GARY D. HAMLIN Gary lives in Vancouver, WA. He comes to Mitchell Bros. from KBWT.	HIRED 12/07/2011	LOCAL CONTAINER DIV
TUDOR A. TIRZIU Tudor lives in Portland, OR. He comes to Mitchell Bros. from Russoma Transport.	HIRED 01/23/2012	LOCAL CONTAINER DIV
KENNY L. HOUSMAN Kenny lives in Portland, OR. He comes to Mitchell Bros. from Service Employee Int'l.	HIRED 01/30/2012	LOCAL CONTAINER DIV

Winter Driving

Winter affects various parts of the country differently. No matter where your company is located, drivers should prepare for the diverse problems winter may bring. Whether it is rain, freezing rain, wind, or snow, drivers must be prepared for changing weather conditions.

Winter can cause many problems. From black ice to whiteouts, these conditions can cause senseless losses to happen. Proper pre-trip planning, preparation, and driving can result in successful completion of a trip. Here are some tips drivers can use to help reduce the risk of a crash in autumn and winter:

1. Plan trips accordingly. Check weather forecasts and possible road construction areas along your route. Chart fuel and meal stop locations, allow extra time for traffic delays in major metropolitan areas, and try to balance distribution of cargo weight. If poor weather conditions reduce visibility, pull over in a safe place until visibility improves.
2. Make sure your equipment is winterized. Check antifreeze, inspect tire tread depth, and test the heater and defroster. Install tire chains (if required), carry extra warm clothing and boots, and pack non-perishable foods.
3. Use proper driving procedures when on the road. In adverse weather, drivers should decrease their speed to increase following distance. Drivers need to be aware of becoming overconfident if they have antilock brakes. If the brakes happen to lock, release them to avoid sliding; this will help to regain steering.

The most frequent reasons for winter weather related accidents are:

- Limited or reduced visibility
- Limited or reduced traction
- Unable to judge safe speed for road conditions
- Aggressive braking on a slick road
- Poor shifting skills on a slick road
- Poor negotiation of a curve
- Failure to prepare vehicle properly
- Failure to plan route properly
- Failure to adapt to changing weather patterns

THANKS FOR THE HOLIDAY GOODIES

We want to say “thank you” to everyone that brought or delivered goodies to our place of business during the holiday season. It was awesome to receive so many treats from so many of our customers, drivers, owner-operators, and sub-haulers.



We appreciate working with so many wonderful people.



Linda Newton, Payroll

ENJOYING HALLOWEEN AT MITCHELL BROS.



Gale Ashby, Recruiting

BASARABA TO RETIRE FROM MITCHELL BROS.



Bill Basaraba in our Driver Services Division plans to retire in March 2012. He started with Mitchell Bros. in December 2000. Bill is a big reason why Mitchell Bros. has a highly successful safety department. Thanks, Bill, for a job well done. Your buddies hope to see you on the golf course.

Matt Ferero will be taking Bill’s place. If you haven’t done so already, please stop by the office to introduce yourself to Matt.



Matt Ferero

ABOVE & BEYOND THE CALL OF DUTY

John Lanning Sr., Unit #1015, was a good Samaritan. On January 19th, 2012, John was traveling in snowy road conditions. John noticed a car had lost control and ended up in a drift on the side of the road. Given the depth of the snow that surrounded the car, the driver was unable to get out of the car. John stopped and was able to assist the driver. Thanks, John, for lending a helping hand.

Stephanie Fivecoats, Sales, received the following compliment:

*I just returned from visiting Napsteel/Cascadia Metals. While in a meeting, Kim Drabeck, Shipping, was very complimentary about Mitchell Bros., especially Stephanie Fivecoats. Kim said, "I let Stephanie know what we need, and I know Stephanie and Mitchell Bros. will get it done." Kim also made positive comments about our **fleet of drivers** that handle their containers. Kim says, "We have never had any problems. We really like working with Mitchell Bros."*

- John Sullivan, Sales, Mitchell Bros. Truck Line, Inc.

Kim Nimmo, Unit #9079, did such a great job for one of our customers that the customer gave Kim a case of apples. Then, Kim brought the case of apples by the office for everyone to share. Thanks, Kim, for being such a great representative for Mitchell Bros.

John Sullivan, Sales, received the following compliment via email:

"You're doing us a great job. Terry and I were talking about what great results we get when we deal with you and your ability to get the job done."

- Lenora Smith, PNW Equipment, Inc.

Welcome to Mitchell Bros.

Amanda Engh joins our Sales Team. Welcome aboard Amanda!

Ariel Weiss joins us assisting with our Operations Dept. Welcome aboard Ariel!

A MESSAGE FROM TERMINAL 18 –SEATTLE, WA

If you are involved in any kind of accident resulting in equipment damage while on site at T-18 - Seattle, WA, you are advised NOT to move from the site where the damage occurred. You will be expected to call Terminal Management at **206-786-8009** and remain at the accident site until a member of the SSA Terminal Management staff investigates the accident/equipment damage.

Again, you must remain at the site that the accident or equipment damage occurred. Even if there is a line of trucks behind you, Management at the terminal advises you not to move your equipment. If you do move your equipment, even to drive to the main gate or trouble desk to report the accident, this will hinder Mitchell Bros.' ability to get Terminal 18 to honor a claim.

It is advised that you should have their telephone number with you in the cab of the truck. It is recommended that you load it in your cell phone. Note: It is okay to use your cell phone to report an accident as long as you are not driving your vehicle. Again, do not move the equipment from the site the accident takes place until management investigates.

OTHER REMINDERS FROM T 18—SEATTLE, WA.

1. Upon entering the terminal, all drivers MUST wear a high visibility safety vest.
2. Truck drivers MUST remain in their vehicle at all times while in the container yard.
3. Drivers MUST yield yard equipment.
4. NO cell phone use allowed while out on the terminal EXCEPT to report an accident or an emergency.

INSTRUCTIONS FROM MITCHELL BROS.' CONTAINER YARD—PORTLAND, OR

1. ENTERING-monitor CB channel #34 before turning off North Portland Road. Prior to entering the yard, please call out the following:

- Your company name & truck #
- State your intentions (e.g. dropping off empty container, picking up empty container, if picking up an empty container for a booking, please call out the last 4 digits of the booking number.
- Proceed into the yard and wait for instructions from facility personnel.

2. DO NOT proceed to the back yard or DO NOT park at the dock until you have received instructions from facility personnel.

3. If you have been interchanged into the yard with an empty container, you must come to the office to have your interchange completed and receive the YELLOW copy. NEVER depart the facility with the WHITE ORIGINAL copy.

4. EXITING-when you are ready to exit the yard *and before you move towards the gate* you need to call out on channel #34 that you are exiting the yard.

Other Information:

If you don't know or understand instructions, please ask. WE are here to help.

Please follow instructions from facility staff at all times as this will assist the flow of trucks through the yard and expedite your transaction. We want to make your transaction as quick and pleasant as possible so you can get on your way. We see you as our customer, and we will make every effort to expedite you through our facility.

TIME TO UPDATE THOSE PASSENGER FORMS

Passenger authorization forms expired on December 31st, 2011. If you plan to have a passenger and you have not updated your form yet, please contact Mitchell Bros.' Safety Department.

POST ACCIDENT DRUG SCREEN KITS ARE NOW AVAILABLE

If you typically operate your truck outside a 50 miles of either the Portland-Vancouver area or the Seattle-Tacoma, area then you will need to stop by and pick up a post accident drug screen testing kit. The kit is designed to be kept in the cab of your truck and used if you are involved in a serious accident. Please stop by our Driver Services Office (Kevin, Bill, or Matt) to pick up your kit. Thank you.

MAKE SURE GENERATORS ARE MOUNTED PROPERLY ON CHASSIS

One of our drivers recently hooked to a chassis with the Genset mounted on the front "porch" of the chassis. The driver reported that he discovered some missing bolts that normally secure the genset to the chassis. Never assume the Genset is properly fastened to the chassis. Please take the time during your pre-trip to make sure the Genset is fastened properly.

TOLL FEES NOW IN EFFECT ON SR 520 BRIDGE BETWEEN BELLEVUE AND SEATTLE

Mitchell Bros. does not have any accounts set up for road toll fees. Drivers are expected to stop and pay toll fees as an out-of-pocket expense. Normal forms of accepted payment include cash, debit or credit cards.

If a company driver does not have the means to pay the toll fee, please check with your supervisor prior to your dispatch. If you have an "out-of-pocket" expense make sure you note this expense on the bottom of "Driver's Daily Time Report." Company drivers must include an itemized receipt with your time sheet for reimbursement to be made.

If a driver receives a ticket for failure to stop and pay a toll fee, the driver shall be responsible for paying the fine.

In the case of the SR 520 Bridge, drivers may want to consider avoiding using the SR 520 bridge. You can Go NORTH and use Hwy 522 or go SOUTH and use the I-90 bridge.

HAPPY BIRTHDAY

FEBRUARY

WAYNE LEEDY	02/01
TRENTON GASSNER	02/04
CLINT ANDERSON	02/05
SCOTT KLOBAS	02/05
MICHELLE TURNER	02/10
DAVE KNIGHT	02/11
BRIAN HEUP	02/14
DARNELL WILFORD	02/15
MICHAEL KEULEMAN	02/20
STEVE MARQUARDT	02/21
BILL BASARABA	02/26



MARCH

IGOR COVALSCHI	03/01
KAZ KRYSZYLOWICZ	03/04
TIM SCHNEIDER	03/08
GAIL SHEPARD	03/08
BRAD FOSTER	03/10
JUSTIN JOY	03/11
GARY HAMLIN	03/12
DOUG E. MILLER	03/19
CHARLIE MCCONAUGHY	03/22
RON LOBDELL	03/24
SHAUN BASSI	03/27
KEITH GIBSON	03/27
CLAUDIA BERLINGEN	03/28
TIM BOYCE	03/28

**A BIG BELATED BIRTHDAY WISH
TO
JAY HARMAN
I MISSED PRINTING HIS BIRTHDAY
FOR JANUARY 3RD**

Lose the SALT - But Not the Flavor

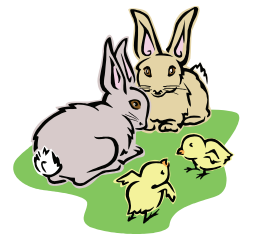
Cutting back on the salt in your diet is one way to help control blood pressure. Many people consume much more salt than their bodies need—on average, at least 12 times as much, according to the American Heart Association. If you're used to salty flavors, know that you can shake the salt habit without feeling deprived. **Here's how:**

- **Limit** processed foods, which are usually high in sodium. Eat more fruits, vegetables and other low-sodium foods instead.
- **Drain** and rinse canned vegetables before preparing them. They'll keep a little of their salty flavor, but you'll rinse away about a third of the sodium, according to the USDA.
- **Try** packaged foods labeled as low sodium.
- **Prepare** plain brown or white rice instead of flavored rice mixes. Flavor with herbs or olive oil.
- **Snack** on "lightly salted" popcorn and pretzels and "no-salt-added" peanuts.

Remember: Try adding these tips gradually to get used to a lower-salt life. You'll eat healthier without sacrificing taste.

APRIL

DAVID HARDMAN	04/02
CRYSTAL MORGAN	04/02
MATT FERERO	04/03
PIARA BHULLAR	04/04
CURTIS GIBSON	04/04
JOHN MARINE	04/07
RICHARD REID	04/08
MARK BENEDICT	04/11
TIM "THE TIRE MAN" DESPAROIS	04/13
DARRELL "WOODY" WOODS	04/15
STEVE POPE	04/20
CURTIS ANDERSON	04/25
MARK JUAYANG	04/25
ROBERT CAREY	04/25
GREG ALDEN	04/26
ERROL LEWIS	



**HAPPY
EASTER**



HAPPY MITCHELL BROS. ANNIVERSARY!

FEBRUARY ANNIVERSARIES

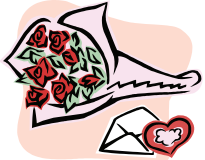
KEITH PETRIE	10 YEARS
MARK CORCORAN	7 YEARS
GREG ALDEN	6 YEARS
JACK KOBERSTEIN	5 YEARS
MYRNA PATTERSON	4 YEARS
DARRELL "WOODY" WOODS	1 YEAR
TOM HOWARD	1 YEAR
STEVE STOLEN	1 YEAR

MARCH ANNIVERSARIES

PIARA BHULLAR	22 YEARS
BRAD TRUMBULL	13 YEARS
MARK BENEDICT	12 YEARS
TRACY MEREDITH	7 YEARS
KAZ KRYSZYLOWICZ	7 YEARS
GLENN HESTER	5 YEARS
TRYGG JOHNSON	1 YEAR
ROBERT CAREY	1 YEAR

APRIL ANNIVERSARIES

JILL TURNER	20 YEARS
BETTY COOKE	19 YEARS
MICHELLE TURNER	16 YEARS
DIXIE ANTLE	15 YEARS
BRIAN LIESER	9 YEARS
CURTIS GIBSON	9 YEARS
ED CARLSON	8 YEARS
CLAUDIA BERLINGEN	7 YEARS
DON JONES	6 YEARS
DOUG E. MILLER	5 YEARS
VLADIMIR CHUBAROV	2 YEARS
JAY HARMAN	1 YEAR
ED JACKSON	1 YEAR
BRIAN KLOIBER	1 YEAR



Happy Anniversary



DON'T FORGET
MOVE YOUR
CLOCKS AHEAD FOR DAYLIGHT SAVINGS
MARCH 11TH, 2012



**MAY THE LUCK
OF THE IRISH BE
WITH YOU.**

**HAPPY
ST. PATRICKS
DAY**

