

# TRUCKING TIDBITS

JULY 31ST, 2011

MITCHELL BROS. TRUCK LINE, INC.

VOLUME 135

## CUSTOMERS AND DRIVERS ARE NUMBER 1

DON EMERY

SCOTT DYER

CASEY LAFOLLETTE

The above have been selected as the Mitchell Bros. drivers' of the quarter.

**Don Emery** is an Owner Operator in the I-5 Container Fleet. Don has been with Mitchell Bros. since October 4th, 2007.

**Scott Dyer** is a Company Driver in the I-5 Container Fleet. Scott has been with Mitchell Bros. since September 9th, 2008.

**Casey Lafollette** is an Owner Operator in the I-5 Container Fleet. Casey has been with Mitchell Bros. since July 29th, 2008.

Some of the qualifications of these drivers are no accidents or freight claims, all their logs or time sheets, as well as paperwork are in good order and turned in timely. They have not had any poor roadside inspections nor have they received any citations.

Some of the comments made by various people are that they do a great job, have excellent personalities and are very helpful. They are very safety conscious, great to work with, very cooperative and they are always on time.

As the recipient of the drivers of the quarter, you will be in the running for driver of the year.

KEEP UP THE GOOD WORK!

GREAT JOB!

Come by the office and pick up a special Mitchell Bros gift.



# HAPPY MITCHELL BROS. ANNIVERSARY!

## AUGUST ANNIVERSARIES

RICH ESKELSEN  
DUSTY BURGESS  
TIM DESPAROIS  
ROY RIOS  
MIKKI WALKER  
SMOKEY BURGESS  
LUIS CASTANON  
SHERRY JARA  
JOSE RODRIGUEZ  
HARNEK BASSI  
BRAD FOSTER

18 YEARS  
15 YEARS  
10 YEARS  
10 YEARS  
8 YEARS  
8 YEARS  
4 YEARS  
3 YEARS  
2 YEARS  
2 YEARS  
1 YEAR

GLEN JOHNSON  
KAREN UPSHAW  
LINDA NEWTON  
RON FRANCIS  
DAVE KNIGHT  
PAM KNIGHT  
LARRY WHYTE  
DAN SHELTON  
JEFF SANDERS  
KIM NIMMO  
SCOTT DYER

AARON DEMEURERS  
OLEG BORISHKEVICH  
RICHARD REID  
RICKY NUZUM

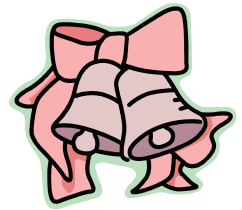
23 YEARS  
17 YEARS  
14 YEARS  
13 YEARS  
12 YEARS  
12 YEARS  
11 YEARS  
6 YEARS  
6 YEARS  
4 YEARS  
3 YEARS  
3 YEARS  
2 YEARS  
1 YEAR  
1 YEAR

## OCTOBER ANNIVERSARIES



CHARLIE MCCONAUGHY  
ROBIN RAY-JONES  
KEVIN DUNN  
RANDY ALLAN  
TOM GRAHAM  
SEAN THORNBURG  
AJ MARTIN  
MIKE SCHULTZ  
STEVE POPE  
DON EMERY  
JIM SCHIESS  
DOUG K. MILLER  
ISMAEL CASTANON  
DAVID HANSEN  
JAKE LUDLOW  
GUY GARRISON  
GARY BERGMAN

18 YEARS  
12 YEARS  
11 YEARS  
8 YEARS  
8 YEARS  
6 YEARS  
5 YEARS  
5 YEARS  
5 YEARS  
4 YEARS  
4 YEARS  
4 YEARS  
2 YEARS  
2 YEARS  
2 YEARS  
1 YEAR  
1 YEAR



CONGRATULATIONS!!!

DENEANE BRIGGS  
&  
MIKE SANTILLAN

WERE MARRIED  
JULY 23RD, 2011



# HAPPY BIRTHDAY

## AUGUST

DON GARRETT  
DON JONES  
DENEANE BRIGGS  
KEVIN DUNN  
CHARLIE MILLS  
GLEN JOHNSON  
LUIS CASTANON  
RICHARD WILKER  
ROY RIOS  
GALE ASHBY  
AJ MARTIN  
CRAIG HULSEBUS  
DAN ROLAND  
DUSTY BURGESS  
JIM BLACK  
ROBIN DENCER  
CRYSTAL DEWEESE  
BRAD TRUMBULL  
MARC MITCHELL  
BETTY COOKE  
GUY GARRISON



SCHOOL SEASON IS NEAR,  
PLEASE BE EXTRA CAREFUL  
AND WATCH FOR CHILDREN.



## OCTOBER

RON FRANCIS  
DAVE BRAMAN  
JOHN SULLIVAN  
CLYDE KANESHIRO  
LARRY WHYTE  
THILO KLUTH  
FORREST KAUFMAN  
GREG DOTY  
RANDY JONES

## SEPTEMBER

JIM SCHIESS  
JOSE RODRIGUEZ  
SHERRY JARA  
RICHARD FAHEY  
SPENCER WATKINS  
DOUG K. MILLER  
KIRK KEITH  
MIKKI WALKER  
DAN SHELTON  
DAVID GARRISON  
KIM NIMMO  
MIKE BROOME

### HOW TO MANAGE ANGER

Frequently losing your temper not only alienates others, it can contribute to health problems, including headaches, upset stomach and heart attack. **To take control:**

**COUNT to 10.** When something angers you, give your body time to defuse before you react. Take three or four deep breaths. **Ask Yourself:** "Will this really matter a week or a month from now?"

**WALK it off.** Go for a short stroll until you calm down. **Helpful:** Find a quiet place where you can think things through calmly and take a second look at how you're reacting to a situation.

**DISTRACT yourself.** **Example:** Instead of pounding on the horn in a traffic jam, play soothing music or listen to an upbeat program. At work, dive into a task to turn negative energy positive.

**KEEP a log.** Monitor hostile thoughts to discover how frequently your temperature rises. **Benefit:** You'll help sort out the real causes of your anger, which are often things over which you have no control.

**ASK for help.** If managing outbursts seems impossible, don't be afraid to try counseling, meditation, lifestyle changes or other kinds of ongoing psychological help. Your health — and your relationships — may depend on it.

## REFERRAL BONUS IS BACK

Earn Extra Money! Effective June 14th, 2011 the referral bonus is back!

You can earn **\$500** if you refer a company driver that we hire. Earn **\$1000** if you refer a owner-operator that we sign on. For complete details on our referral bonus program please contact Gale in our Recruiting Department at ext. 245.



### WELCOME BACK

Jay Harman, Dispatcher, returns back to Mitchell Bros.

Welcome back Jay!

Jay Harman

## CONGRATULATIONS FOR COMPLETING LEASE PURCHASE PROGRAM

The following individuals have recently completed the Mitchell Bros. Lease purchase program.

**Chad Rew**, Unit #9089

**Casey LaFollette**, Unit #9090

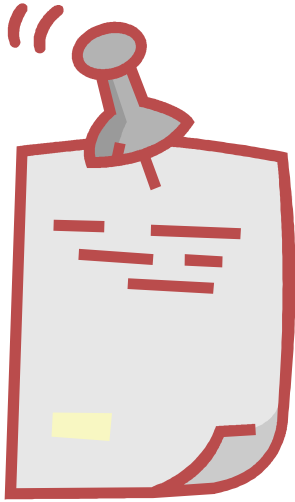
**Dimitar Dimov**, Unit #9091

Congratulations!

### Did You Know?

Chances of a crash nearly triples when driving faster than surrounding traffic. Please obey all posted speed limit signs.

# MESSAGES FROM OUR VALUED CUSTOMERS



**SpaceKraft/International Paper** out of Salem, OR would like to remind our drivers about the following safety procedures at their facility:

1. Log in at shipping office.
2. If your work requires you to be on dock floor, you must wear a green safety vest, safety glasses, and ear plugs—all provided by SpaceKraft.
3. Completely shut down the truck once at the dock for loading.
4. Disconnect air line (SpaceKraft will put on a glad-hand lock).
5. Turn in truck ignition key to shipping office—you will receive a tag.

*Thank you for your cooperation.*

**Terminal 46**—Seattle, WA sent Mitchell Bros. the following message:

We are seeing an increase in the number of drivers making U-turns in driving isles after making a delivery of an empty container. U-Turns are NOT allowed. You must continue to the end of the row and exit as terminal signage indicates. The main area of the yard where this is occurring is the E 400 Block.

**Great Western Malting Company**—Vancouver, WA warns not to park equipment too close to the railroad track. A few months ago, a driver parked an empty container too close to the track. When the container door was open, a rail car hit the container door. Since the incident, Great Western Malting Co. has painted a white stripe along side the rail track. Any parked equipment must be parked outside the white stripe. Thank you.

**When parking an empty container make sure you allow for clearance of an opened container door.**



**Photo shows less clearance required for a loaded container.**



# UPCOMING EVENTS

**Mark Your Calendar for...**

## Mitchell Bros. Company Picnic



**WHEN:** SATURDAY AUGUST 20TH, 2011  
10:00 AM—4:00PM

**WHERE:** BLUE LAKE PARK, FAIRVIEW, OR

**SIGN UP DEADLINE:** AUGUST 10th, 2011. Pick up a “sign up” form at main office. Return form to Dixie’s office, your Dispatcher, or return in your envelope.

**FEATURING:** An old fashion BBQ with burgers, hot dogs, and chicken.

***Please bring a salad or dessert to share.***

**ACTIVITIES:** Bingo, Kid’s Coloring Contest, Pinata, Guess the Number, Employee Drawing for prizes. **BRING YOUR** lawn chairs, beach towels, basketball, baseball gear, & archery equipment. Enjoy swimming, spray ground, basketball hoops, baseball diamond, horseshoes, playground, volleyball, archery. **THERE’S EVEN** a boat available for rental, wildlife viewing, walking trails, demonstration gardens, Nichaqli monument, sculptures and more.

Any questions contact, Betty Cooke, ext. 218.

## REMINDER:



### MITCHELL BROS. IS HOSTING ITS 10th ANNUAL **GOLF TOURNAMENT**

**WHEN:** Saturday, August 6th, 2011  
7am Tournament Meeting. 7:30am Tee Time—Shot Gun Start

**WHERE:** Tri-Mountain Golf Course, 1701 NW 299th St., Ridgefield, WA 98642, Tel: 360-887-3004

**FORMAT:** 2-Person Progressive Scramble. Team handicap may be used.

**FEE:** \$55 includes green fees, cart, some door prizes, awards for 1st, 2nd, and 3rd place teams, and special feature event. No fees for our valued customers.

**SIGN UP DEADLINE WAS July 22nd, 2011.**

**IF YOU HAVE NOT SIGNED UP AND WANT TO PLAY, CONTACT BILL BASARABA, EXT. 241, TO SEE IF THERE ARE ANY LAST MINUTE OPENINGS.**

# ABOVE & BEYOND THE CALL OF DUTY

**Wayne Leedy, #6021**, for once again being the driver to handle another huge oversize load. Pictures below show Wayne hauling a Lynden Tank.



**Robin Dencer, Unit #2149**, received the following written compliment:

*I just want to let everyone know that I received a very complimentary phone call from a Matson residential customer, Lynn Webb, about Robin Dencer. Ms. Webb said that Robin was absolutely wonderful and helpful. She really appreciated her great customer service and extremely pleasant attitude.* -Stephanie Fivecoats, Account Manager

**Ron Francis, Unit #6023**, receives high praise from by-standers. Ron was approaching an intersection. Ron had a green light but noticed a cyclist approaching the intersection from his right. Ron put his foot over the brake just in case the cyclist was not stopping. Turns out Ron's instincts were correct. The cyclist failed to stop at the red light and went through the intersection without stopping. Ron was pulling a bare chassis and slammed on his brakes. Some patrons at a nearby business were outside and witnessed the whole event. They started clapping to show they thought Ron did a terrific job of avoiding a serious accident. Turns out the cyclist didn't even have a clue of what just happened. Witnesses reported the cyclist had a head-set on and was evidently listening to music. Ron did everything right. He was an alert driver, no distractions in his cab, no cell phone to his ear. Good job Ron!

**Curtis Gibson, Unit #3157**, for taking the time to help train a few of our owner-operators on the fine art of flatbed load securement. We appreciate your expertise Curtis.

**Steven Stolen, Unit #7004**, lost a fuel injector while in the Yakima area. According to Bill Basaraba in our Driver Services Department, Steven did a great job of getting the truck to a maintenance shop without requiring (after hour) road service. Steven had to layover on Friday night for repairs to be made. Steven's action saved the company money, and he had a great attitude. Thanks Steven.