

TRUCKING TIDBITS

OCTOBER 31ST, 2011

MITCHELL BROS. TRUCK LINE, INC.

VOLUME 136

CUSTOMERS AND DRIVERS ARE NUMBER 1

MARK JUAYANG

JOHN MARINE

RONNY BRODBECK

The above have been selected as the Mitchell Bros. drivers' of the quarter.

Mark Juayang is a Company Driver in the I-5 Container Fleet. Mark has been with Mitchell Bros. since July 31st, 2007.

John Marine is a Company Driver in the Seattle Container Fleet. John has been with Mitchell Bros. since December 9th, 2004.

Ronny Brodbeck is a Company Driver in the Local Container Fleet. Ronny also works with Great Western Malting prepping containers. Ronny has been with Mitchell Bros. since November 10th, 1993.

Some of the qualifications of these drivers are no accidents or freight claims, all their logs or time sheets, as well as paperwork are in good order and turned in timely. They have not had any poor roadside inspections nor have they received any citations.

Some of the comments made by various people are that they do a great job, have excellent personalities and are very helpful. They are very safety conscious, great to work with, very cooperative and they are always on time.

As the recipient of the drivers of the quarter, you will be in the running for driver of the year.

KEEP UP THE GOOD WORK!

GREAT JOB!

Come by the office and pick up a special Mitchell Bros gift.

WELCOME NEW DRIVERS !

JASON HOLT

HIRED 08/08/2011

LOCAL CONTAINER DIV

Jason lives in Brush Prairie, WA. He comes to Mitchell Bros. from Gulick Trucking.

KERRY ROBB

HIRED 08/08/2011

LOCAL CONTAINER DIV

Kerry lives in Vancouver, WA. He comes to Mitchell Bros. from Napa.

MULUGETA HADAT SBHATU

HIRED 08/08/2011

O/O SEATTLE CONT. DIV

Mulu lives in Seattle, WA. He comes to Mitchell Bros from Seattle Freight Service.

ERROL LEWIS

HIRED 08/30/2011

LOCAL CONTAINER DIV

Errol lives in Castle Rock, WA. He comes to Mitchell Bros from Swift Transportation.

**IGOR COVALSCHI
DIV**

HIRED 09/07/2011

LEASE PURCHASE CONTAINER

Igor lives in Tacoma, WA. He comes to Mitchell Bros from Samson Transport.

EVAN W. MANGAN

HIRED 09/19/2011

LOCAL CONTAINER DIV

Evan lives in Vancouver, WA. He comes to Mitchell Bros from Market Transportation.

JESSE L. SEIBER

HIRED 09/19/2011

LOCAL CONTAINER DIV

Jesse lives in Portland, OR. He comes to Mitchell Bros from TDW Enterprises.

**CHARLES J. RITTMAN JR.
DIV**

HIRED 09/30/2011

LOCAL CONTAINER

Charles lives in Vancouver, WA. He comes to Mitchell Bros. from Roadlink Pacific NW.

STEVEN MARQUARDT

HIRED 10/04/2011

LOCAL CONTAINER DIV

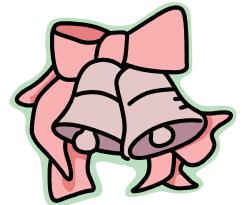
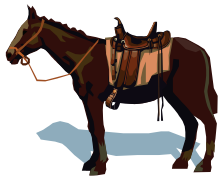
Steve lives in Vancouver, WA. He comes to Mitchell Bros from J B Hunt.

**RAMADHANI M. HASSAN
DIV**

HIRED 10/06/2011

TACOMA CONTAINER

Rama lives in Tacoma, WA. He comes to Mitchell Bros from Allegince Staffing.



CONGRATULATIONS!!!

CONGRATULATIONS!!!

**WAYNE LEEDY
&
MEG FOSTER**



**RANDY ALLAN
&
SANDY JONES**

**WERE MARRIED
JULY 30TH, 2011**

**WERE MARRIED
SEPTEMBER 17TH, 2011**

HAPPY MITCHELL BROS. ANNIVERSARY!

NOVEMBER ANNIVERSARIES

RONNY BRODBECK	18 YEARS
JUSTIN JOY	12 YEARS
LOU BROWN	11 YEARS
RANDY JONES	10 YEARS
FORREST KAUFMAN	9 YEARS
DON GARRETT	8 YEARS
DAVID GARRISON	6 YEARS
CLINT ANDERSON	5 YEARS
KEITH GIBSON	5 YEARS
CLYDE KANESHIRO	3 YEARS
DAN ROLAND	2 YEARS

JANUARY ANNIVERSARIES

CRAIG HULSEBUS	13 YEARS
RICHARD WILKER	11 YEARS
BRIAN HEUP	9 YEARS
MARC MITCHELL	9 YEARS
SCOTT KLOBAS	6 YEARS
JOHN SULLIVAN	6 YEARS
STEPHANIE FIVECOATS	4 YEARS
JOHN LANNING	4 YEARS

ATTENTION TO ALL EMPLOYEES

FOR THE PAST FEW YEARS WE HAVE HAD A LOT OF PEOPLE SIGN UP FOR THE COMPANY PICNIC BUT DID NOT SHOW. THEREFORE, DUE TO POOR ATTENDANCE AND COSTS INVOLVED, THERE WILL NO LONGER BE A MITCHELL BROS COMPANY PICNIC.

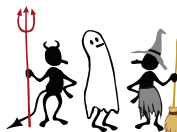
DECEMBER ANNIVERSARIES

RON DENCER	16 YEARS
BILL BASARABA	11 YEARS
JOHN MARINE	7 YEARS
RON GUARD	6 YEARS
MICHAEL KEULEMAN	6 YEARS
DAVE GEHRING	2 YEARS
JIM BLACK	1 YEAR

As I've aged, I've become kinder to myself, and less critical of myself. I've become my own friend..I have seen too many dear friends leave this world too soon; before they understood the great freedom that comes with aging. Whose business is it if I choose to read or play on the computer until 4 AM or sleep until noon? I will dance with myself to those wonderful tunes of the 60 and 70's, and if I, at the same time, wish to weep over a lost love...I will. I will walk the beach in a swim suit that is stretched over a bulging body, and will dive into the waves with abandon if I choose to, despite the pitying glances from the jet set. They, too, will get old. I know I am sometimes forgetful. But there again, some of life is just as well forgotten. And I eventually remember the important things. Sure, over the years my heart has been broken. How can your heart not break when you lose a loved one, or when a child suffers, or even when somebody's beloved pet gets hit by a car? But broken hearts are what give us strength and understanding and compassion. A heart never broken is pristine and sterile and will never know the joy of being imperfect. I am so blessed to have lived long enough to have my hair turning gray, and to have my youthful laughs be forever etched into deep grooves on my face. So many have never laughed, and so many have died before their hair could turn silver. As you get older, it is easier to be positive. You care less about what other people think. I don't question myself anymore...I've even earned the right to be wrong. So, to answer your question, I like being old. It has set me free. I like the person I have become. I am not going to live forever, But while I am still here, I will not waste time lamenting what could have been, or worrying about what will be. And I shall eat dessert every single day (if I feel like it).

MAY YOUR FRIENDSHIP NEVER COME APART ESPECIALLY WHEN IT'S STRAIGHT FROM THE HEART!

HAVE A SAFE AND FUN HALLOWEEN AND DON'T FORGET TO WATCH OUT FOR THOSE LITTLE MONSTERS!



HAPPY BIRTHDAY

NOVEMBER

RON GUARD
TRYGG JOHNSON
ISMAEL CASTANON
JASON HOLT
JEFF SANDERS
GLENN HESTER
RONNY BRODBECK
BRIAN KLOIBER
RICKY NUZUM
TOM GRAHAM
RICHARD LAWRENCE
BRIAN LIESER
DON EMERY
MICHAEL FRASER



DON'T FORGET
CHANGE YOUR
CLOCKS BACK FOR DAYLIGHT SAVINGS
NOVEMBER 6TH, 2011

DECEMBER

DIMITAR DIMOV
DAVID HANSEN
AARON DEMEURERS
LOU BROWN
SCOTT DYER
STEVE STOLEN
BRIAN HEUP
TAYLOR RAY-JONES
MICHAEL SCHULTZ
JOHN KENNEDY
DIXIE ANTLE
BRUCE CUSHMAN
ED CARLSON



**WE WISH EVERYONE A
HAPPY AND PLENTIFUL
THANKSGIVING**

JANUARY

HARNEK BASSI
DON TEAGUE
DOUG CUPPS
AMIT ROBERT
TRACY MEREDITH



**HAPPY HOLIDAYS
EVERYONE**

SLIPS, TRIPS, & FALLS

A major cause of on-the-job injuries in the trucking industry is slips and falls from the tractor and trailer. These injuries can result in twisted ankles, bruised shins, or worse. You can prevent this from happening altogether by following the proper techniques for entering and exiting the truck cab or trailer.

The worst thing you can do is get into a bad habit, especially when it involves something you do many times a day. Sooner or later, the law of gravity will catch up to you...and it hurts! The potential for slips, trips, and falls can increase by ignoring these simple rules.

- 1) **Always use the three-point contact rule.** This rule states that at least three limbs should be in contact with the tractor/trailer at all times. Take your time and position yourself so you can easily enter and exit. Jumping in and out of your truck will only increase the chances of getting hurt.
- 2) **Make sure your steps are fastened properly.** A loose or uneven step will have a dramatic effect on your leverage and footing. Make sure the steps are fastened tight and are level. Adding tread material to each step can also help increase footing.
- 3) **Be aware of outside weather conditions.** Moisture can make steps slick. Consequently, you should enter/exit with more caution. Step in and out of the cab more deliberately so you don't lose your footing.

HAPPY NEW YEAR!!!!

ABOVE & BEYOND THE CALL OF DUTY

Crystal Morgan, Dispatch, and **A.J. Martin**, Unit #5191, received a “thank you” card in the mail. The card reads *“Thanks again for the great service on our shipment from Madras, OR to Lewiston, ID. Many thanks to the driver, A.J., since without him it could not get done.”* Lynn, Best Ways Brokerage Inc.

Jack Koberstein, Unit #1010, will occasionally conduct some ride-a-long training for some of our new drivers. As a result, Jack prepared a training sheet titled “Some Helpful Tips.” The information is great for our new drivers. If anyone wants a copy, please stop by the main office to pick up a copy. Thanks, Jack, for taking the time to prepare a great training sheet.

Douglas E. Miller, #6068, witnessed an intersection collision. Doug decided to pull over to see if anyone needed assistance. Doug noticed a father was frantically trying to get a young infant out of the back seat of the car. The car door would not open. There was fuel spilled everywhere. Doug was concerned that a fire might erupt. Another nearby truck driver grabbed his fire extinguisher from his commercial truck. Doug then ran to the father’s aid. Even though the back door was jammed, Doug managed to get the door open. The father was able to get the infant out of the car. Both father and infant were transported by ambulance. Nice to know there are commercial truck drivers that are willing to respond in the event of an emergency. Good job Doug.

Mark Benedict’s name, #6039, was omitted from our last newsletter. Turns out Mark was also one of our drivers that was selected to handle some of our oversize tank movements for Lynden. Thanks, Mark, for the ability to handle such specialized freight.



Welcome to Mitchell Bros.

Office

Gail Shepard
is in our Vancouver office
in the Container Brokerage
Division

**Container
Yard**

Darnell Wilford
is in our
Portland shop
Prepping
Great Western
Malting
Containers

Trent Gassner
is a
Mechanic in
our Portland
Container
shop

Matt Ferero
works in our
Portland
Container
Office

**Maintenance
Shop**

Roger Henderson
is a
Mechanic in
our Vancouver
Shop

Taylor Ray-
Jones
works in our
Vancouver
Tire Shop

Gene Platt
is a
Mechanic in our
Vancouver
Shop

HICKMAN RETIRES FROM MITCHELL BROS.

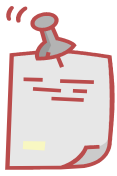


On October 31st, 2011 Kelly Hickman will retire from Mitchell Bros. Mr. Hickman started working for Mitchell Bros. back in June of 1997.

Special thanks to Kelly for all his dedicated years of service. We are happy Kelly chose to finish his outstanding career keeping our fleet of trailers safe.

All Kelly's friends at Mitchell Bros. hope he catches plenty of fish during his retirement years.

Congratulations Kelly!



MESSAGES FROM OUR VALUED CUSTOMERS

Great Western Malting Company out of Vancouver, WA wants to remind our drivers....

- When you pick up a container to be used by Great Western Malting Co. (GWM) make sure the seals around the container doors are not damaged. In addition, the container must be clean, dry, free of odor, and no mold.

- If you get out of your truck while at GWM you must be wearing high visibility clothing. Mitchell Bros. supplies all our company drivers with a high visibility safety vest. If you do not have a safety vest, please stop by the Safety Department to be issued one.

- No smoking while at GWM unless you are inside your assigned truck or you must be in a designated smoking area.

Arrow Transportation System of Portland, OR wants to remind all our drivers of their equipment requirements:

- Hard hats
- High visibility reflective safety vests / coat
- Sleeved shirts—NO tank tops and/or sleeveless shirts allowed
- Pants that go to the ankle—NO shorts or short pants
- Shoes that cover the entire foot with no voids—NO flip flops / sandals / Crocks

Cascade Pacific Pulp (CCP) out of Halsey, OR has adopted the following safety requirements:

ALL DRIVERS MUST . . .

1. Adhere to their own company adopted safety requirements while at the plant site.
2. Wear high visibility vests/shirt and safety glasses when outside their vehicle.
3. Observe all speed limit and traffic signs entering and exiting the mill.
4. Be aware of pedestrians, bicycles and train traffic.
5. Observe our no cell phone use – no talking or texting.
6. Be aware of our no smoking rule while on the mill site.
7. Behave in a professional and courteous manner.
8. Be aware of our policy of no passengers allowed on mill site.
9. Have truck and trailer lights on at all times while driving on the plant site.
10. Comply with all “area specific” rules (see below).

PULP WAREHOUSE RULES:

1. Drivers are not permitted past the loading bay and shipping shack area.
2. Drivers will complete a checklist at the shipping desk **PRIOR** to being loaded.
3. Notify Operations of your presence @ ext. 1711 or 1720.
4. Foot traffic through the warehouse is **PROHIBITED**.
5. Insure wheel chocks are in place.
6. Insure trailer stand is in place.
7. **DO NOT** pull trailer out until loader turns light to **GREEN**.
8. Be aware of the **EXTREME PEDESTRIAN HAZARD** in the warehouse area.

FIBRE DELIVERY RULES:

1. Comply with all posted chip & sawdust dump and traffic rules.
2. Drivers may not remain in the cab while the truck is unloading. Drivers must wait inside the control room.
3. Stay off the dump platform until the deck has been fully lowered. **THERE ARE NO EXCEPTIONS!**
4. **DO NOT** raise the dump when an individual is on the dump platform or walkway.
5. Altering or rigging any switch is **PROHIBITED!**



10th ANNUAL GOLF TOURNAMENT

...Was a BIG hit!

Mitchell Bros. hosted its 10th annual golf tournament on August 6th, 2011. It was held at Tri-Mountain Golf Course, Ridgefield, WA. The tournament format was a 2-person progressive scramble using a team handicap. We had the largest group ever with 56 participants! After the round of golf everyone got together for lunch, door prizes, and awards.

The winners...

1st Place Team (Score 65): **Vinod Singh and Todd Larson**

The team was awarded **\$300.00**.

2nd Place Team (Score 67): **Jake Ludlow and Marcus Meeds**

The team was awarded **\$200.00**.

3rd Place Team (Two Teams Tied with a Score 68):

Jackie Thompson and Jim Jermyn
and **Tami Dunn and Kevin Dunn**

Each team was awarded **\$50.00**.

KP (closest to hole) Winners: **Dusty Burgess**
C. Dickinson

Long Drive Winner: **Brian Burgess**

CONGRATULATIONS TO ALL OUR WINNERS!

Special thanks to our tournament committee members **Ronny Brodbeck & Bill Basaraba**.

A very special thanks to **Gordon Cohoon**, President-Owner, Mitchell Bros. for making this fun event possible. In addition, thanks for providing the prize money, lunch, drinks, Titleist balls, and assorted door prizes and gift certificates.

Thanks to our valued customers that donated to this year's tournament...

- **Lynden Transport**
- **Boyd Coffee**
- **MacSteel Services**
- **Hampton Lumber**
- **Vancouver CFS**

Thanks to **Marc Mitchell** (Sales) for being our on-site photographer. More thanks to Marc's wife who arranged all the photos on poster board. Great job.



REGULATION UPDATES & INDUSTRY NEWS

OREGON *Idling law*

As of January 1st, 2012 a commercial vehicle with a gross vehicle weight rating greater than 10,000 pounds may not idle for more than 5 minutes in any continuous 60-minute period.

There are some exceptions:

- A commercial bus may idle to maintain the comfort of passengers while passengers are on board.
- A commercial vehicle is allowed to idle for a maximum of 30 minutes while waiting to or actually loading or unloading during a single loading or unloading event.
- A commercial vehicle with a gross vehicle weight registration (GVWR) of more than 26,000 pounds may idle for the purposes of air conditioning or heating while waiting to or are actually loading or unloading when outside temperature is less than 50 degrees F or greater than 75 degrees F.
- A commercial vehicle with a GVWR of more than 26,000 pounds, that is equipped with a sleeper berth, and is parked in a place where it is legally permitted to park, may idle for the purposes of air conditioning or heating during a rest or sleep period when the outside temperature is less than 50 degrees F or greater than 75 degrees F at any time during the rest or sleep period.

There are additional exceptions for traffic conditions, emergency vehicles, vehicle inspections, and other situations.

CALIFORNIA UPHOLDS VERDICT AGAINST LEGALLY PARKED TRUCK

The California Supreme Court upheld a verdict that a legally parked tractor-trailer was 35% responsible for an accident because it obstructed the view of a vehicle entering an intersection. In essence, this imposes a new parking liability on truckers which may find the trucker negligent for parking in legal spaces. In 2005, a pickup truck entered the intersection and hit a motorcycle, injuring the operator and passenger. In 2009, a jury found that the Safeway Inc. owned tractor-trailer and the California Department of Transportation were both 35% at fault for the accident. The pickup driver who caused the accident was held responsible for 30% of the accident. The jury, ultimately, the Supreme Court, felt that there was a **duty to park safely, not just legally**. The motorcycle operator was awarded \$828,000.

SNOW CHAIN REQUIREMENTS

Washington State law requires commercial vehicles to carry sufficient tire chains between November 1st and April 1st.

Oregon State requires chains whenever winter conditions exist.



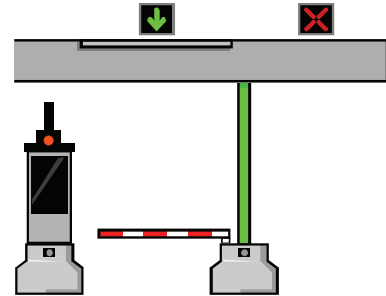
POLICY UPDATES

TOLL FEES

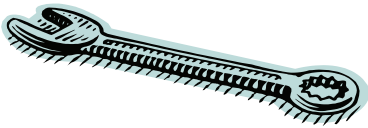
Mitchell Bros. does not have any accounts set up for road toll fees. Drivers are expected to stop and pay toll fees as an out-of-pocket expense. Normal forms of payment include cash, debit or credit cards. If you do not have the means to pay the toll fee, please check with your supervisor prior to your dispatch.

If any of our company drivers have an out-of-pocket toll expense make sure to note this expense on the bottom of your Driver's Daily Time Report. You must include an itemized receipt with our time sheet for reimbursement.

If a driver receives a toll infraction ticket the driver shall be responsible for paying the amount of the fine.



MITCHELL BROS. ANNOUNCES NEW HOURLY SHOP RATE



Effective September 12, 2011 the new hourly shop rate is \$90.00.

Cost for federal Department of Transportation

Inspections shall be as follows: Tractor \$90.00; Trailer \$45.00.

MESSAGE TO FLATBEDDERS—USE EDGE PROTECTORS



This edge of cargo should have an edge protector.

The regulations state “edge protection must be used whenever a tiedown would be subject to abrasion or cutting at the point where it touches an article of cargo. The edge protection must resist abrasion, cutting and crushing” 393.104 (5).

Edge protectors could include fabricated hard plastic devices, old rubber tire pieces, carpet remnants, etc.

MESSAGE TO CONTAINER HAULERS—USE BACK UP DEVICE TO SECURE CORNER LOCKS ON CHASSIS

It remains a company policy to use a back-up device (e.g. rubber bungees, wire, zip ties) to secure corner locks of a chassis with container.

Our drivers must make sure the container is locked and remains in the locked position!

For your safety and the safety of the motoring public, please comply with this policy. According to Mitchell Bros.' Driver Rating Plan, failure to use a back up device can result in points being assessed against your safety record. If you have any questions about this policy please contact Kevin Dunn ext. 235 or Bill Basaraba ext. 241.



SKIDDED OR FLAT TIRES & PRE-TRIP INSPECTIONS

Federal and State law require that a driver may not drive a vehicle unless the driver is satisfied that it is in a safe operating condition.

Drivers need to make sure the wheels on their assigned equipment (tractors and trailers) are not locked or frozen in place. Brakes can lock up for various reasons (e.g. moisture, rust, frozen/ice, etc.) If equipment is dragged, even a short distance, the tires will be skidded, causing flat spots on the tires.

In addition, drivers need to make sure when hooking to their assigned equipment that there are no pre-existing skidded tires, including the portion of the tire that is face down.

As part of your normal pre-trip inspection, drivers are expected to follow the procedures outlined below.

STEP ONE: Inspect tires.

STEP TWO: Pull trailer/chassis forward a few feet, stop, set brakes.

STEP THREE: Get out of cab and re-inspect tires. Confirm wheels are rolling properly. Confirm there are no skidded spots on portion of tire that was previously face down.

If it is dark you must have a flash light to perform this inspection.



SPECIAL WINTER PROCEDURES

STEP ONE: In order to make sure your tires are rolling properly (i.e. not frozen) you will need to mark ALL your tires with a marking device (e.g. chalk, paint stick marker, etc.). Simply mark each tire in the same position. Check with maintenance department if you need a marking device.

STEP TWO: When you get back in the cab, release the clutch carefully and move your equipment forward only a few feet then stop and set brakes on your equipment.

STEP THREE: Get out and inspect ALL your tires to see if they are rolling freely. If you see any tires with chalk or paint marked in the same position on the tire(s) then your tires are not rolling. If tires are not rotating, call for maintenance assistance.

Miscellaneous Information:

When snow chains are being used, make sure you inspect your tires frequently for flat tires. Flats are more prevalent because you may run over broken chains in the middle of the road. In some cases your own snow chain links can penetrate your tires and cause flats.

